



# Interior Latex Flat Ceiling Paint with EZ Track® Technology GCN3070

## DESCRIPTION

**GLIDDEN™ EZ Track® Ceiling Paint** is formulated to be pink in the container and when applied to make it easy to see where you've painted, particularly in white-on-white and low light applications. After approximately ½ hour, the paint dries bright white. This special ceiling formulation provides minimal spatter and excellent coverage, hides minor surface imperfections and dries quickly to a smooth, even finish.

## FEATURES

- Easy tracking to see where you've painted
- Great for white-on-white or low light applications
- Good hide
- Uniform flat finish
- Quick drying and recoat
- Low odor and VOC
- Soap & water clean-up

## COMPOSITION

- Vinyl-Acrylic Resin
- Titanium Dioxide and Extender Pigments
- Not manufactured with lead or mercury containing materials.

## SPECIFICATION DATA

### Color:

Pink when wet  
White when dry

### Finish: Flat

Sheen - 5-10 units @ 85°

### Clean-up Solvent:

Soap & water

### Density:

10.88 lbs/gal (1.30 kg/L)

### VOC:

50 g/L (0.42 lbs/gal) maximum

### Solids:

Volume - 25% +/- 1%  
Weight - 43% +/- 1%

### Practical Coverage:

Apply at 200-300 sq ft/gal (5-7 m<sup>2</sup>/L).  
Actual coverage may vary depending on substrate and application method.

### Recommended Film Thickness:

5.3 - 8.0 mils wet  
1.3 - 2.0 mils dry

### Flash Point:

None

### Dry Time: 77°F (25°C) & 50% RH

To touch - 30-60 minutes  
To recoat - 2-4 hours

### Shelf Life:

1 year minimum - unopened



## SURFACE PREPARATION

### PREPARING SURFACES FOR A PROFESSIONAL FINISH

Clean and dry all surfaces to remove any dirt, dust, grease, wax, loose or peeling paint • Dull glossy surfaces by sanding or using a surface conditioner • Patch all cracks and holes with a patching compound; sand and prime before painting • Prime unpainted wood, metal, drywall or plaster with the appropriate primer.

**WARNING! If you scrape, sand, or remove old paint, you may release lead dust. LEAD IS TOXIC. EXPOSURE TO LEAD DUST CAN CAUSE SERIOUS ILLNESS, SUCH AS BRAIN DAMAGE, ESPECIALLY IN CHILDREN. PREGNANT WOMEN SHOULD ALSO AVOID EXPOSURE. Wear an NIOSH-approved respirator to control lead exposure. Clean up carefully with a HEPA vacuum and a wet mop. Before you start, find out how to protect yourself and your family by contacting the National Lead Information Hotline at 1-800-424-LEAD or log on to [www.epa.gov/lead](http://www.epa.gov/lead)**

## DIRECTIONS FOR USE

### QUALITY TOOLS FOR A QUALITY JOB

Apply with a quality 1/2" nap roller, a nylon or polyester brush or a paint pad. An extension pole is recommended for making longer strokes; making it easier to maintain a wet-edge.

### LET'S GET PAINTING

Mix thoroughly before use • Apply at package consistency • Thinning not normally required • Apply generously and avoid overspreading • Do not apply when the surface or air temperature is below 50°F (10°C) • Provide good ventilation and warmth for normal drying • Product was designed to go on with a pink color, to easily track missed or skipped areas • As the paint dries it will change to its intended "ceiling white" color • The paint typically dries in 20-30 minutes • Thick films, poor ventilation, cool temperatures or high humidity may increase the time for this change to take effect • Hot and dry conditions or a porous surface may cause the color change to occur quicker.

1. Stir paint thoroughly with a lifting motion to insure uniform color.
2. Prepare roller by dampening it slightly with water.

3. Brush a 3" or 4" border around the edge of the ceiling.
4. Start with the short dimension of the ceiling. Paint across one end of the room first, doing a strip wide enough to suit your reach. Go back to the starting edge and paint another strip parallel to the first working gradually over the entire length of the room.
5. To reduce lap marks and ensure that you do not miss any areas, try to keep the light source at your back and start by painting away from the window. If there is more than one window, choose the largest window.
6. DO NOT SPRAY APPLY.

### LET'S CLEAN UP

Clean hands and tools with warm, soapy water • Wipe up spills immediately with damp cloth • Painted surfaces may be washed after 30 days with mild detergent and cellulose sponge • Do not use harsh, abrasive cleaners • Rewetting the dry paint film whether from washing or application of another coat of latex paint may cause the pink cast to reappear • This will dissipate with drying • After 30 days or when paint has fully cured the condition should not reoccur upon rewetting.

## PRECAUTIONS

**WARNING! CAUSES EYE, SKIN AND RESPIRATORY TRACT IRRITATION. MAY BE HARMFUL IF SWALLOWED. USE ONLY WITH ADEQUATE VENTILATION. KEEP OUT OF THE REACH OF CHILDREN.** For emergency information call (800) 545-2643. For additional safety information, refer to the Material Safety Data Sheet for this product. If sanding is done, wear a dust mask to avoid breathing of sanding dust. Avoid breathing vapors. Ensure fresh air entry during application and drying. Avoid contact with eyes and skin. If you experience eye watering, headaches, or dizziness, leave the area. If properly used, a respirator may offer additional protection. Obtain professional advice before using. Close container after each use. **FIRST AID:** For skin contact, wash thoroughly with soap and water. If any product remains, gently rub with petroleum jelly, vegetable or mineral/baby oil then wash again with soap and water. Repeat as needed. Remove contaminated clothing. For eye contact, flush immediately with plenty of water for at least 15 minutes. **Get medical attention.** If swallowed, **get medical attention immediately.** If inhalation causes discomfort, remove to fresh air. If discomfort persists or breathing difficulty occurs, get medical attention. **KEEP FROM FREEZING.**

DS379-0211

## SHIPPING

FREIGHT CLASSIFICATION:  
Paint, Freezable

PACKAGING:  
1 gallon (3.785 L)

FLASH POINT:  
None



Akzo Nobel Paints LLC, Strongsville, Ohio 44136



1-800-GLIDDEN • [www.glidden.com](http://www.glidden.com)

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